

Therapeutic Sequence

1. Re-establish the basis for health

Remove obstacles to cure by enhancing good health and lifestyle practices

2. Stimulate the general natural healing power of the body and mind

All systems (Western, Ayurveda, Chinese, etc.) have methods.

Botanical, homeopathic, nutritional, hydrotherapy, acupuncture, psychological, spiritual

3. Tonify weakened systems

Any or all modalities

Strengthen immune system, decrease toxicity, balance inflammatory and metabolic functions, balance regulatory systems, promote regeneration, harmonize life force

4. Correct structural integrity

Exercise, manipulation, massage, etc.

5. Use specific natural therapeutic substances, modalities or interventions for actual current disease

6. Use drugs for pathology

7. Use Surgery, suppressive drugs, radiation and chemotherapy